

## Review

It seems as if most everybody has a Life Coach or Business Coach nowadays, and I believe it's a good idea to have somebody to hold us accountable for our progress –or lack of! However, I know of some people who could greatly benefit from a Life Coach but they just can't afford one... is that you?

If so, you are in for a big surprise. I just discovered a program that includes not just insightful information and a step-by-step, easy to understand -and follow- process for manifesting your dream life, but a personal Life Coach to hold your hand, motivate you and help you along the way... and all of this for an unbelievable low price!

I sincerely thought it was a mistake, so I contacted Tamara to ask about her new eCoaching Program. To my delight, she said the website was accurate, and she would definitely coach me for seven weeks as promised in her site, all for... just \$77 USD!!

Wow! I had to take advantage of that, so I did.

Now, like every one of my reviews, honesty comes first. So here is my opinion...

### **Pros.**

The eCoaching Program is excellent. It is divided in 3 parts: an ebook, a workbook and one-on-one coaching for the duration of the program. The information presented in the ebook is clear and very straight forward. No filler, fluff or confusing information. It is separated in seven sections called modules, that you are to complete in seven weeks. The workbook is also great. I knew when to complete every section according to what I was working on that particular week. Oh; but the best part was the personalized coaching... every time I got stuck or needed clarification, Tamara was just an e-mail away and I can tell she knows her stuff. Moreover, she was always prompt to reply... I really don't know how she does it!

### **Cons.**

The coaching is only through e-mail, which may be an issue for problems that require deeper exploration. However, if you have never tried coaching and would like to see if it is for you, I highly recommend you start with Tamara's approach. After all, if you need help with other issues or more personal time after the seven weeks, she's always available for longer coaching sessions through the phone. She's also very honest, so if your problem requires therapy she'll let you know and refund your money on the spot. You can contact her for more details if you want, but I can tell you "Discover Your Potential" is well worth it and I highly recommend it to start seeing marvelous results in your life!

Sincerely,

[Name]